

**ChristChurch London Life Group Discussion Outline – 3/05/09**  
**“Living all out for Jesus” – Adrian Holloway**

*Read 1 Thessalonians 4:1-8- Please note, these notes are lifted from the Christchurch London website, so although they may not work specifically for the talk we received from Adrian on Sunday they will certainly aid and facilitate discussion.*

1. Verse 1 talks about “how to live in order to please God” and verse 3 talks about the area of “sexual immorality”. What did you get out of Sunday’s sermon in terms of learning more about how to please God in this area?

2. What do you think about the statement: “The best way to address a sinful passion is to feed a different passion, so that that becomes a dominant passion in your life. Resist all enslavements but one . . . a magnificent obsession with the glory of God and with his Son Jesus Christ.”

3. How do we build this magnificent obsession? Which, if any of Adrian’s 5 recommendations did you find helpful.

Note to leader: if people can’t remember all 5, they were . . .

1. Discover who you are in Christ (2 Corinthians 5:17)
2. Be transformed by the renewing of your mind (Romans 12:2)
3. Don’t feed your sin, kill it. (Colossians 3:5-8)
4. Bathe your mind in the word of God and then pray to your sympathetic high priest. (Hebrews 4:14-15)
5. Ask yourself a) Do I have the gift of singleness? And if not, b) what would I have to do to make myself ready for Christian marriage? (1 Corinthians 7: 1 – 40)

Recommended Reading for becoming convinced that God wants your pleasure more than anyone else, and that living all out for Jesus will lead to less frustration, not more . . .

Desiring God (Meditations of a Christian hedonist) – by John Piper

The Pleasures of God – by John Piper